



Report of activities, Hospital Wing

1. Swachhta Pledge (20.09.2024)

The Swachhta Pledge was read out by Sr. Leena RK, Deputy Nursing Superintendent.



2. Public Awareness Campaigns: Two public awareness campaigns were conducted.

Date: 24.09.2024, 4:00 to 5:30 pm

Venue: Palayam Market, Trivandrum



ശ്രീ ചിത്ര ഇൻസ്റ്റിറ്റ്യൂട്ട് പാലയംവത്കരണ ബോധവൽക്കരണം.

ശ്രീ ചിത്ര ഇൻസ്റ്റിറ്റ്യൂട്ട് ബോധവൽക്കരണക്ലാസ് നടത്തി

തിരുവനന്തപുരം: സ്വച്ഛത ഹി സേവാ 2024ന്റെ ഭാഗമായി ശ്രീ ചിത്ര ഇൻസ്റ്റിറ്റ്യൂട്ട് പാലയം മാർക്കറ്റിനെ മുന്നിൽ ശുചിത ബോധവൽക്കരണ ക്ലാസ് നടത്തി. പത്തോളം അഡീഷണൽ പ്രൊഫസർ

ഡോ. പി. രാജലക്ഷ്മി മോഡറേറ്റർ ആയി. എം.കെ. സജിത്ത് ലാൽ പൊതുജനരോഗ്യത്തിന്റെ പ്രസക്തി എന്ന വിഷയത്തിൽ ക്ലാസ് എടുത്തു. ആർ. വിജയകൃഷ്ണൻ ഹൃദയാഘാ

തം വന്നാൽ നൽകേണ്ട പ്രാഥമിക ചികിത്സയെ കുറിച്ച് ജനങ്ങൾക്ക് പരിശീലനം കൊടുത്തു. പിആർഒ ചൈതന്യ ഗുരു രാം, കെ.വി. മനോജ് കുമാർ എന്നിവർ പങ്കെടുത്തു.

a. Solid Waste Management: Eng. Sajithlal MK, Engineer F discussed the importance of waste management in our day-to-day life.



b. Cardiopulmonary resuscitation: Mr. Vijayakrishnan R, Nursing Officer – C discussed the importance of CPR and demonstrated the correct method of administering CPR.



3. School outreach programmes

Date: 25.09.2024, 10:00 to 11:30 am

Venue: Government Model Girls Higher Secondary School, Pattom, Trivandrum



a. Oral hygiene: Ms. Swapna PS, Nursing Officer – B



b. Menstrual hygiene: Ms. Anjusha M. Nursing Officer – C



4. Poster competition

Title/Topic: Swabhav Swachhata - Sanskaar Swachhata

Date: 27.09.2024

Judge: Dr. Bejoy Thomas

Total participants: 8

Winners:

First prize: Ms. Swapna S [NURSING OFFICER - B] (CARDIACSURGERY WARD)

Second prize: Ms. Ajilarani V S [DIPLOMA IN CARDIOVASCULAR AND THORACIC NURSING]

Third prize: Mr. Nidheesh S [NURSING OFFICER - B] (NEUROSURGERY WARD)



5. Exhibition-cum-Competition: Scrappy Ideas- Do It Yourself 3.0

Theme: Waste-to-Art

Date: 27.09.2024

Judges: Mr. Damodara Sarma E. and Ms. Noufila Navas

Total participants: 12

Winners:

First prize: Medical Social Worker Division

Second prize: Ms. Ajilarani V S [DIPLOMA IN CARDIOVASCULAR AND THORACIC NURSING]

Third prize: Ms. Sarika Somaraj [NURSING OFFICER - B] (CARDIACSURGERY WARD)



6. Cleaning Drive on 02.10.2024 (Swachhtha Diwas)



7. Seminar on Swabhav Swachhata, Sanskaar Swachhata (17.10.2024)

Invited speaker: Dr. V. Subhash Chandra Bose, Environment Scientist, Executive Director, School of Love (Former Director, Water Resource Department, Govt. of Kerala)

The meeting was **presided by Dr. Roy Joseph, Dean, SCTIMST**.

Dr. Santhosh Kumar, Registrar, SCTIMST, Nursing officers and other staff members attended the meeting.



8. Prize and certificate distribution (17.10.2024)

The winners of the Poster and Scrappy Ideas- Do It Yourself 3.0 competitions were awarded.

Certificate of appreciation to all the participants, the judges and resource persons who were crucial for the success of the programme were also awarded.



DST Official visit to the Institute on 27.09.2024

Shri. Satish Kumar and Shri. Chandan Singh from DST visited the Institute



Acknowledgement and Thanks

The committee members are grateful for the help and cooperation of employees in the different stages of the campaign. We would like to place on record our appreciation for all their effort.

1. The Director, Director's Office and Administrative sections
2. The Medical Superintendent and MS Office
3. The Dean
4. The Deputy Director
5. Dr. Manju Nair R
6. The Nursing department
7. Security Officers and team
8. Medical Illustration section
9. Transport department
10. Mr. Gangadhara Sarma S.
11. Mr. Manojkumar KV
12. Smt. Jolly Joseph
13. Cleaning staffs

----- End of Report -----

Committee for observance of Swachhta Hi Seva October 2024, Hospital Wing

Committee members:

1. Dr. Rajalakshmi P
2. Dr. Unnikrishnan P
3. Eng. Manoj GS
4. Smt. Smitha AS
5. Mr. Santhosh Kumar K
6. Mr. Chaitanya Gurram